



SALLISAW PUBLIC SCHOOLS

Liberty Elementary School

Breakfast and Lunch Menu

January 2025



Available to First, Second and Transition: Turkey and Cheese Sandwich, Vegetable, Fruit and Milk

Sack Lunch not Available

Breakfast and Lunch Served with variety milk choice

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Sallisaw Public Schools is proud to announce that Breakfast and Lunch will be served FREE to Liberty, Eastside, Sallisaw Middle School and Sallisaw High School students for the 2024-2025 school year.		
6	7	8	9	10
Breakfast Pizza Fruit Juice, Milk	Cinnamon Toast Fruit Juice, Milk	French Toast Sticks Fruit Juice, Milk	Biscuits and Gravy Sausage and Fruit Juice, Milk	Cereal and Toast Fruit Juice, Milk
Hamburger Baked Beans Fresh Fruit and Vegetable Bar Milk	Chicken and Noodles Go Gurt Green Peas Cornbread Fresh Fruit and Vegetable Bar Milk	Chicken Nuggets Mashed Potatoes WG Hot Roll Fresh Fruit and Vegetable Bar Milk	Burrito Sweet Corn Chips and Salsa Fresh Fruit and Vegetable Bar Milk	Cheese Pizza Baby Carrots Fresh Fruit and Vegetable Bar Pudding Milk
13	14	15	16	17
Sausage Biscuit Fruit Juice, Milk	Yogurt and Grahams Fruit Juice, Milk	Waffles Fruit Juice, Milk	Biscuits and Gravy Sausage and Fruit Juice, Milk	Cereal and Grahams Fruit Juice, Milk
Corn Dog Steamed Broccoli Fresh Fruit and Vegetable Bar Milk	Vegetable Beef Soup Cheese Stick Crackers Fresh Fruit and Vegetable Bar Cinnamon Roll Milk	Chicken Tenders Mashed Potatoes WG Hot Roll Fresh Fruit and Vegetable Bar Milk	Crispito Refried Beans Fresh Fruit and Vegetable Bar Milk	Toasted Cheese Sandwich Potato Wedges Fresh Fruit and Vegetable Bar Strawberries and Cake Milk
20	21	22	23	24
Martin Luther King Jr Day 	Oatmeal and Toast Fruit Juice, Milk	Pancake on a Stick Fruit Juice, Milk	Biscuits and Gravy Sausage and Fruit Juice, Milk	Cereal and Toast Fruit Juice, Milk
	Spaghetti w/ Meat Sauce Cheese Stick Green Beans Fresh Fruit and Vegetable Bar Breadstick Milk	Chicken Fried Steak Fingers Mashed Potatoes WG Hot Roll Fresh Fruit and Vegetable Bar Milk	Chicken Taco Refried Beans Chips and Salsa Fresh Fruit and Vegetable Bar Milk	Fish Sticks "Fried" Potatoes Balck Eyed Peas Fresh Fruit and Vegetable Bar Ice Cream Milk
27	28	29	30	31
Sausage Biscuit Fruit Juice, Milk	Donuts Fruit Juice, Milk	Pop Tarts Fruit Juice, Milk	Biscuits and Gravy Sausage and Fruit Juice, Milk	Cereal and Toast Fruit Juice, Milk
Chicken Sandwich Tator Tots Fresh Fruit and Vegetable Bar Cookie Milk	Macaroni n Cheese Sausage Roll Green Beans WG Biscuit Fresh Fruit and Vegetable Bar Milk	Breakfast for Lunch Scrambled Eggs Sausage Links Hashbrown WG Toast Milk	Beef Soft Taco Refried Beans Fresh Fruit and Vegetable Bar Milk	Pizza Rippers Tossed Salad Fresh Fruit and Vegetable Bar Jello Milk

Menu Subject to Change According to Product Availability

This institution is an equal opportunity provider.